## ABSTRACT

A knitting method of a tubular knit fabric uses a flat-knitting machine comprising at least one pair of facing needle beds that extend in the sideways direction and face each other front to back, wherein at least one of the facing needle beds is capable of racking in the sideways direction, and the flat-knitting machine is capable of transferring stitches between facing needle beds;

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wherein the tubular portion with directionality toward another tubular portion is turned by a predetermined amount by transferring of stitches of the tubular portion with directionality and by racking of the needle bed, and knitting is performed so as to link the tubular portion with directionality to the another tubular portion in a state wherein the state of being turned is sustained.